

Tostadas de centeno

* Pan de proteínas 100gr	+2,5
Tomate ^{VG} · Mermelada ^{VG}	5 · 5,5
Crema de aguacate, cherry,	8
brotos de guisantes ^{VG}	

Huevos

* Pan de proteínas 100gr	+2,5
Huevos revueltos, tomate, tostada de centeno con semillas	10
Huevos fritos, tomate, aguacate, tostada de centeno con semillas	11
Huevos poché Benedict, salsa holandesa, espinacas, pan brioche	13

Sandwich

MIKASA BIKINI	13.5
Pan Brioche, edam, cherry, queso crema, rúcula, huevo, mantequilla, toque picante	

Bollería

Croissant quinoa ^{VG}	3,2
Mini croissant mantequilla	3,5
Mini Muffin ^{VG}	3,5
Cookie ^{VG}	3
Tarta del día	5

Bowls

PORRIDGE ^{VG}	11
Porridge, manzana, tahini, canela, semillas de cáñamo	

CURRY PORTOBELLO ^{VG/SG}	16
Curry de garbanzos, espinacas, soja, setas portobello, cayena, tomate, totopos	



MIKASA
IBIZA

Desayuno Mikasa · 18pp

Incluye todo lo disponible en nuestro buffet, más un plato principal a elegir entre tostada (tomate o mermelada), huevos, chía o porridge, además de un café o té y zumo de naranja.

**El buffet está disponible todos los días de 8:00 a 12:00.*

***No incluidos: sandwich bikini y curry.*

CHÍA ^{VG} · 13

Semillas de chía, leche de coco, agave, arándanos, fresas, frambuesa, lima

YOGUR TROPICAL ^{VG} · 13

Yogur de coco, plátano, frutos rojos, mantequilla de cacahuete, granola

FRUTA FRESCA DEL DÍA ^{VG} · 14

Plato con fruta fresca de temporada

**No incluido en el desayuno buffet.*

IVA incluido - 10% cargo extra por el servicio (opcional).
SG: Sin gluten. VG: Vegano - Por favor, informe a nuestro personal sobre alergias o intolerancias y pregunte por opciones sin gluten. En general, todos los platos son sin gluten si se retira el pan, exceptuando los Huevos Benedict, cuya salsa puede contener trazas.

Zumos y Batidos*

**No incluido en el desayuno buffet.*

GREEN V DETOX	9
Manzana Granny Smith, pepino, espinaca, kale, apio, limón, jengibre	

JUNGLE DOWN	9.5
Plátano, maca, dátiles, coco, leche, mantequilla de cacahuete	

BERRY BLAST	10
Mantequilla de almendra, proteína vegana, yogur de coco, arándanos, lino dorado, agua de coco, creatina, dátiles	

ZUMO DE NARANJA	5
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GINGER SHOT	4
Zumo de jengibre	

CHARCOAL SHOT	4
Jengibre, limón, agave, carbón activado	

Café y Té

Espresso	3
Espresso doble	3,5
Americano	3,5
Macchiato	3,5
Caffè latte	4
Latte macchiato	4
Cappuccino	5
Matcha latte	6
Black maca latte	6
Indian chai turmeric latte	5
Chai latte	5
Chocolate mejicano especiado	5
Selección de té e infusiones	5

Rye Toasts

<i>*Protein bread 100g</i>	+2,5
Tomato ^{VG} · Jam ^{VG}	5 · 5,5
Avocado cream, cherry tomatoes, pea shoots ^{VG}	8

Eggs

<i>*Protein bread 100g</i>	+2,5
Scrambled eggs, tomato, rye toast	9
Fried eggs, tomato, avocado, rye toast	10,5
Poached eggs Benedict, hollandaise sauce, spinach, brioche	11,5

Sandwich

MIKASA BIKINI	13.5
Brioche bread, edam cheese, cherry tomatoes, cream cheese, arugula, egg, butter & a spicy touch	

Pastries

Quinoa croissant ^{VG}	3,2
Mini butter croissant	3,5
Mini muffin ^{VG}	3,5
Cookie ^{VG}	3
Cake of the day	5

Bowls

PORRIDGE ^{VG}	11
Porridge, apple, tahini, cinnamon, hemp seeds	
PORTOBELLO CURRY ^{GF/VG}	16
Chickpea curry with spinach, soy, portobello mushrooms, cayenne, tomato, tortilla chips	



MIKASA
IBIZA

Mikasa Breakfast · 18pp

Includes everything available at our buffet,
plus one main dish of your choice:
toast (tomato or jam), eggs, chia
or porridge, along with one coffee
or tea and fresh orange juice.

**The buffet is available daily
from 8:00 to 12:00.*

***Not included: Bikini sandwich and curry.*

CHIA ^{VG} · 13

Chia seeds, coconut milk, agave,
blueberries, strawberries, raspberries

TROPICAL YOGURT ^{VG} · 13

Coconut yogurt, banana,
mixed berries, peanut butter, granola

FRESH FRUIT OF THE DAY ^{VG} · 14

Plate of fresh seasonal fruit

**Not included in the breakfast buffet.*

VAT included - 10% optional service charge.
GF: Gluten-free. VG: Vegan - Please inform our staff
about any allergies or intolerances and ask about gluten-free
options. In general, all dishes are gluten-free if the bread
is removed, except for the Egg Benedicts, as the sauce
may contain traces.

Smoothies & Juices*

**Not included in the breakfast buffet.*

GREEN V DETOX	9
Granny Smith apple, cucumber, spinach, kale, celery, lemon, ginger	
JUNGLE DOWN	9.5
Banana, maca, dates, coconut, milk, peanut butter	
BERRY BLAST	10
Almond butter, vegan protein, coconut yogurt, blueberries, golden flaxseed, coconut water, creatine, dates	
ORANGE JUICE	5
GINGER SHOT	4
Pure ginger juice	
CHARCOAL SHOT	4
Ginger, lemon, agave, activated charcoal	

Coffee & Tea

Espresso	3
Double espresso	3,5
Americano	3,5
Macchiato	3,5
Caffè latte	4
Latte macchiato	4
Cappuccino	5
Matcha latte	6
Black maca latte	6
Indian chai turmeric latte	5
Chai latte	5
Spiced Mexican hot chocolate	5
Selection of teas & herbal teas	5